

Celebrating
A Year Without A
STROKE



“I’m taking it one day at a time, living my life and being thankful for the fact that I got a second, third, fourth, and fifth chance at returning to my job and enjoying my life.”

—Mike Sylvester,
5-time heart surgery survivor,
stroke survivor, and advocate

After a major heart surgery, Mike experienced a severe stroke that left him unable to speak, with complete left-side paralysis, and almost complete blindness. Mike defied the odds and after more than a month of speech therapy, occupational therapy, and psych therapy he was able to go home, and after four more months of outpatient therapy he was able to return to his job. Watch the real stories of people living with venous thromboembolism, coronary artery disease, atrial fibrillation, and other common causes of stroke, and see first-hand how serious these conditions can be. These advocates all share the mission of educating patients and their loved ones about stroke risk and prevention, so that they can Celebrate a Year Without a Stroke.



TO LEARN MORE AND WATCH THE VIDEO, GO TO:

YearWithoutAStroke.org